

# ACADEMY OF KARATE – WEST HILLS

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EFFECTIVE JANUARY 1, 2008

[www.academyofkarate.net](http://www.academyofkarate.net)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 pm					<b>SPARRING ALL LEVELS</b>	<b>Black Belts 8:30 AM.</b>
4:30 pm	Little Dragons		Little Dragons			
5:00 pm	TIGERS ALL LEVELS	ALL LEVELS	TIGERS ALL LEVELS	ALL LEVELS	TEAM TRAINING	All Ranks All Levels
6:00 pm	ALL LEVELS		ALL LEVELS			10:00 AM.
6:15 pm		ADULT LEVEL 1-4		ADULT LEVEL 1-4		
7:00 pm		ADULT ADVANCE		ADULT ADVANCE		

### Dragons

Age 4- 6 yrs./ 30-40 min.

### Young Tigers

Age 7-11 yrs./ 45-50 min.

### Adults

Age 12 & up/ 45-60 min.

### Rules of Attendance

1. If you are more than (10) minutes late, you may observe, but may not join the class.
2. Pay your fees on time. Fees are due, before services are rendered.
3. You may only attend the classes that are appropriate to your age and rank.
4. Clean up after yourself / your children. Including the bathrooms.
5. Proper uniform patches, hair, clean hand and feet, and trimmed nails are mandatory.
6. You are responsible for any damage to the academy property.
7. Any discussion with Sensei requires a prior appointment.
8. Children must be picked up within 10 minutes after their class ends.
9. Sparring equipment which are not approved by the academy, are not allowed.
10. Teach your child not to leave the academy premises without proper adult escort.
11. Use of academy of equipment without permission is not permitted.
12. There are no cash refunds, or credits for prepaid programs.